# Experience Preparation Grid

Use the STAR (situation, task, action, result) framework to fill in these grids.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Uni Project | Personal Project | Part Time Work | Volunteering |
| Challenge |  |  |  |  |
| Learning |  |  |  |  |
| Interesting |  |  |  |  |
| Enjoyed |  |  |  |  |
| Team Conflict |  |  |  |  |
| Mistake |  |  |  |  |